



## **TATTOO REMOVAL POST PROCEDURE INSTRUCTIONS**

### Tattoo Removal

- ❖ Dry, Dry, Dry. When the area gets wet, the process STOPS.
- ❖ DO NOT PICK. This can cause scarring.
- ❖ No makeup, lotions or the like on or around the area treated.
- ❖ Avoid workouts where you'll sweat. Avoid pools, hot tubs, saunas and the like.
- ❖ When washing your hair, tip your head back and place a dry washcloth over the area. Avoid hot and steamy showers.
- ❖ The scabs should begin to form day 1-2. The longer they stay on, the better the results. Keeping them dry and free of makeup, dirt, moisture and sweat is the key to the best possible results. The scabs should stay on for about 7-10 days. Continue to keep them dry until the scabs have all exfoliated.
- ❖ AFTER the scabs come up, begin using the ointment 2x/day every day until your next removal session. This is to help reduce the likelihood of scar tissue. Very important.